

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	James Baker	13	38	1 Top Fin		34:25	34:25
2	Dean Heneghan	357	27	2 Top Fin		34:49	34:50
3	FRANCIS SCARR	249	20	3 Top Fin		35:05	35:06
4	JAMES COLLINS	71	21	1 M 19-39		36:10	36:11
5	Joe Bardey	17	28	2 M 19-39		36:51	36:53
6	Peter O'Connell	215	54	1 M 50-59		37:04	37:05
7	Amy Harris	341	20	1 Top Fin		37:37	37:40
8	James Dear	312	39	3 M 19-39		37:45	37:47
9	Tiarnan Cotter	323	21	4 M 19-39		38:06	38:08
10	TOM FROST	118	47	1 M 40-49		38:45	38:47
11	REBECCA MOORE	202	23	2 Top Fin		38:48	38:49
12	Paul Blackmore	33	48	2 M 40-49		38:48	38:49
13	GRAEME FORREST	112	42	3 M 40-49		39:19	39:23
14	BEN STOCK	265	35	5 M 19-39		39:23	39:25
15	MARK BURROWS	49	29	6 M 19-39		39:28	39:30
16	DANIEL OPPE	217	32	7 M 19-39		39:30	39:31
17	EMILY MOORE	201	20	3 Top Fin		39:47	39:48
18	Jason Russell	238	40	4 M 40-49		40:07	40:09
19	Mike Duggleby	350	28	8 M 19-39		40:17	40:20
20	Paul Adams	1	50	2 M 50-59		40:36	40:39
21	Robin Charnock	59	50	3 M 50-59		40:56	40:57
22	Euan Ramage	233	19	9 M 19-39		41:09	41:11
23	HARRY WILCOX	299	25	10 M 19-39		41:28	41:30
24	Paul Gasson	125	61	1 M 60-69		41:44	41:46
25	CAMERON MCLATCHIE	190	33	11 M 19-39		41:50	41:58
26	Caroline Wood	308	51	1 F 50-59		42:03	42:05
27	KEITH AKERMAN	2	42	5 M 40-49		42:15	42:17
28	MIKE (MAD DOG) OGRADY	216	48	6 M 40-49		42:38	42:40
29	ISOBEL MUIR	206	37	1 F 19-39		42:43	42:45
30	TRISTAN SHARP	250	34	12 M 19-39		43:06	43:08
31	James Branchflower	346	18	1 M 0-18		42:55	43:12
32	TOM WALKER	292	23	13 M 19-39		43:14	43:15
33	DUNCAN CASKEY	53	42	7 M 40-49		43:14	43:17
34	John Nickolls	355	47	8 M 40-49		43:25	43:31
35	JO FLEMING	108	45	9 M 40-49		43:30	43:33
36	ALEXANDER LYON	178	37	14 M 19-39		43:31	43:34
37	Jamie Meeking	317	38	15 M 19-39		43:37	43:41
38	Michael White	298	15	2 M 0-18		43:45	43:48
39	STUART AUSTIN	9	42	10 M 40-49		44:01	44:05
40	Mark Stephenson	264	55	4 M 50-59		44:17	44:19
41	ANDREW CHINNAPPA	60	42	11 M 40-49		44:26	44:30
42	JOHANNA TERRY	275	37	2 F 19-39		44:22	44:30
43	Stephen Wilson	303	64	2 M 60-69		44:41	44:44
44	ROB DERKIN	86	51	5 M 50-59		44:52	44:55
45	TERRY AVEY	10	64	3 M 60-69		44:55	44:59
46	DAVID STORER	266	30	16 M 19-39		45:00	45:08
47	DANIEL MCLAUGHLIN	192	50	6 M 50-59		45:05	45:11
48	John Bateman	345	60	4 M 60-69		45:24	45:33
49	JAMIE MARTIN	186	48	12 M 40-49		45:27	45:36
50	PETER CROSS	80	59	7 M 50-59		45:32	45:36

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
51	STEVE MITCHELL	200	48	13 M 40-49		45:34	45:40
52	IAN BARROW	18	42	14 M 40-49		45:44	45:49
53	Mark Austin	8	45	15 M 40-49		45:47	45:51
54	Rob Cozens	77	47	16 M 40-49		45:49	45:54
55	JENNY HUGHES	157	54	2 F 50-59		46:01	46:05
56	Robert Burkett	48	46	17 M 40-49		46:00	46:16
57	TOBY BROSNAN	42	42	18 M 40-49		46:16	46:24
58	Martin Owens	219	54	8 M 50-59		46:36	46:42
59	Phil Burke	359	54	9 M 50-59		46:47	46:55
60	pete bromfield	325	24	17 M 19-39		46:44	46:58
61	ANNA TITCHMARSH	277	41	1 F 40-49		46:56	47:02
62	Andrew Vine	351	37	18 M 19-39		46:58	47:05
63	MARK SMEE	255	56	10 M 50-59		47:01	47:07
64	Mark Plows	314	34	19 M 19-39		47:01	47:08
65	James Nicholls	315	37	20 M 19-39		47:05	47:11
66	ELEANOR VIDA	289	35	3 F 19-39		47:10	47:15
67	LIZA COWDREY	76	47	2 F 40-49		47:12	47:19
68	Peter Gibson	128	50	11 M 50-59		47:14	47:30
69	NEIL DAWSON	82	43	19 M 40-49		47:30	47:32
70	ANDY BROWN	43	43	20 M 40-49		47:32	47:36
71	SARAH MARSH	184	49	3 F 40-49		47:31	47:38
72	Natasha Swan	360	41	4 F 40-49		47:37	47:41
73	Rachel Boxall	38	30	4 F 19-39		47:32	47:42
74	JOE PARKINS	221	33	21 M 19-39		47:51	47:57
75	DAVID MACLEAN	182	48	21 M 40-49		47:48	47:59
76	CHARLIE MACLEAN	181	15	3 M 0-18		47:48	47:59
77	BOB PAGE	220	56	12 M 50-59		47:55	48:00
78	LEE MINTER	199	38	22 M 19-39		48:07	48:16
79	ANNE MINERS	198	56	3 F 50-59		48:26	48:30
80	JAMES BONIFACE	34	40	22 M 40-49		48:29	48:32
81	PETER HANSELL	143	49	23 M 40-49		48:36	48:39
82	Paul Hurley	159	40	24 M 40-49		48:50	49:00
83	LISA FORREST	113	38	5 F 19-39		48:57	49:02
84	TRACEY SARGENT	245	33	6 F 19-39		48:54	49:04
85	Peter Tyrell	349	54	13 M 50-59		48:56	49:08
86	Josh Potts	361	35	23 M 19-39		49:08	49:11
87	DIRK STRAUSS	267	44	25 M 40-49		49:06	49:21
88	GRAHAM DOUGLAS	91	53	14 M 50-59		49:04	49:27
89	Neil Burchett	46	57	15 M 50-59		49:25	49:30
90	MATTHEW PEEL	224	29	24 M 19-39		49:35	49:42
91	Michelle Peckham	340	40	5 F 40-49		49:35	49:47
92	FRED PIECHOCZEK	226	61	5 M 60-69		49:58	50:02
93	JOHN KILROE	166	47	26 M 40-49		50:00	50:02
94	Keith Blackman	318	59	16 M 50-59		49:58	50:05
95	COS TROSINO	282	48	27 M 40-49		50:04	50:07
96	DAVID NOTTIDGE	213	58	17 M 50-59		50:03	50:08
97	DARREN BATEMAN	21	44	28 M 40-49		50:14	50:18
98	ANTHONY NEAL	208	35	25 M 19-39		50:14	50:18
99	OWAIN EDWARDS	97	38	26 M 19-39		50:11	50:24
100	CHRISTOPHER WOOD	309	47	29 M 40-49		50:23	50:37

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
101	Darren Eade	363	47	30 M 40-49		50:18	50:40
102	Wendy Fettner	104	55	4 F 50-59		50:49	50:57
103	SARAH BENSON	27	33	7 F 19-39		50:57	51:05
104	Kate Lassman	168	46	6 F 40-49		51:10	51:14
105	Patrick White	316	46	31 M 40-49		51:08	51:15
106	Paul Westwood	296	61	6 M 60-69		51:04	51:20
107	NIAMH DONNELLY	89	16	1 F 0-18		51:09	51:23
108	CHARLIE MAUNDER	188	52	18 M 50-59		51:23	51:32
109	Jason Finch	105	45	32 M 40-49		51:16	51:33
110	JAMIE BOON	36	26	27 M 19-39		51:22	51:35
111	CRAIG JAMES	162	51	19 M 50-59		51:37	51:43
112	Neil McLennan	348	40	33 M 40-49		51:36	51:48
113	Gail Johnson	163	60	1 F 60-69		51:42	51:54
114	Calvin Johnson	354	34	28 M 19-39		51:43	51:54
115	WILLIAM FORDHAM	111	63	7 M 60-69		51:41	51:57
116	CHRIS BAKER	12	43	34 M 40-49		51:43	52:02
117	IAN NICHOLSON	211	65	8 M 60-69		52:04	52:12
118	Kate Nottidge	339	28	8 F 19-39		52:09	52:13
119	KEVIN FEENEY	102	61	9 M 60-69		51:53	52:14
120	Julia Griggs	135	39	9 F 19-39		52:09	52:14
121	IAN WILCOX	300	56	20 M 50-59		51:54	52:15
122	Dave Razzell	313	52	21 M 50-59		52:09	52:19
123	BECK HOWARD	156	34	10 F 19-39		52:11	52:20
124	FRANCES GIBSON	127	50	5 F 50-59		52:11	52:24
125	John Little	174	44	35 M 40-49		52:07	52:25
126	NIKKI DOW	92	39	11 F 19-39		52:18	52:28
127	RACHAEL DONNELLY	90	44	7 F 40-49		52:16	52:30
128	TOM GAULE	126	55	22 M 50-59		52:18	52:31
129	Alan Friel	327	33	29 M 19-39		52:36	52:41
130	Lorraine Goddard	139	50	6 F 50-59		52:37	52:43
131	TOM BAILEY	11	35	30 M 19-39		52:41	52:55
132	Dawn Davis	321	48	8 F 40-49		52:49	53:07
133	Aaron Morriss	204	0	4 M 0-18		53:06	53:14
134	BRIAN SULLIVAN	269	62	10 M 60-69		53:05	53:15
135	Ian Dumbrell	93	49	36 M 40-49		53:12	53:21
136	STEVEN FAIRBROTHER	100	44	37 M 40-49		53:12	53:24
137	IAN DEVLIN	87	30	31 M 19-39		53:15	53:28
138	GERI SMITH	259	32	12 F 19-39		53:27	53:32
139	Mary Freestone	115	56	7 F 50-59		53:27	53:33
140	RICHARD SHERLOCK	252	59	23 M 50-59		53:19	53:36
141	PHILIP TOSH	279	47	38 M 40-49		53:27	53:39
142	Penny Barrow	19	55	8 F 50-59		53:28	53:47
143	PETER WEST	295	58	24 M 50-59		53:32	53:48
144	Hannah Miller	328	27	13 F 19-39		53:47	53:59
145	GUY PIECHOCZEK	227	16	5 M 0-18		54:02	54:05
146	Steve Evans	326	42	39 M 40-49		53:54	54:07
147	Natasha Beard	23	39	14 F 19-39		53:59	54:09
148	DAVE CAUVIN	56	47	40 M 40-49		53:56	54:15
149	TONY WOOLLARD	310	57	25 M 50-59		53:54	54:16
150	Vicky Clover	65	0	2 F 0-18		54:10	54:19

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
151	LISA COMPTON	72	59	9 F 50-59		54:10	54:19
152	William Braun	333	36	32 M 19-39		54:06	54:23
153	JOANNA TOLPUTT	278	40	9 F 40-49		54:19	54:26
154	SARAH HARDMAN	144	47	10 F 40-49		54:13	54:27
155	DANIEL BRITTON	41	32	33 M 19-39		54:23	54:28
156	Perry Geoghegan	356	45	41 M 40-49		54:14	54:31
157	Rupert Purchase	232	70	1 M 70-99		54:26	54:35
158	IMOGEN BROWN	44	40	11 F 40-49		54:35	54:43
159	SUZANNE SMITH	257	50	10 F 50-59		54:31	54:46
160	Barbara Lofts	98	40	12 F 40-49		54:33	54:48
161	VERONICA O'REILLY	218	57	11 F 50-59		54:43	55:00
162	FRANCESCA SMALLRIDGE	254	38	15 F 19-39		54:56	55:15
163	JANE MCTAGGART	193	48	13 F 40-49		55:01	55:15
164	PHILIP HEDGES	148	58	26 M 50-59		55:04	55:21
165	Nicky Paton	222	45	14 F 40-49		55:07	55:24
166	Sue Bailer	336	60	2 F 60-69		55:14	55:25
167	Judith Bazeley	22	40	15 F 40-49		55:09	55:27
168	Sue Garner	122	73	1 F 70-99		55:23	55:29
169	Sarah Murphy	207	26	16 F 19-39		55:20	55:29
170	KEVIN LONG	175	51	27 M 50-59		55:14	55:32
171	Rob Ponsford	230	43	42 M 40-49		55:21	55:34
172	JOHN SAGE	243	46	43 M 40-49		55:30	55:40
173	SUE APPS	6	43	16 F 40-49		55:27	55:42
174	Jackie Parsons	331	50	12 F 50-59		55:34	55:45
175	JOANNE PEARSON	223	34	17 F 19-39		55:29	55:50
176	Shirley Slough	253	54	13 F 50-59		55:39	55:50
177	CLAIR WADEY	290	37	18 F 19-39		55:40	55:53
178	NIKKI ROONEY	237	37	19 F 19-39		55:34	55:54
179	Stella Scordellis	337	55	14 F 50-59		55:41	55:55
180	PETER HARRIS	145	36	34 M 19-39		55:47	56:07
181	Geileis Cotter	322	19	20 F 19-39		55:52	56:09
182	Jenny Castle	55	59	15 F 50-59		55:58	56:10
183	CAROLINE MASON	187	53	16 F 50-59		55:59	56:15
184	FINBARR COTTER	75	61	11 M 60-69		56:03	56:21
185	SUSANNE HARRIS	146	34	21 F 19-39		56:02	56:24
186	Jane Lawrence	329	32	22 F 19-39		56:10	56:26
187	GILL BERGLUND	28	57	17 F 50-59		56:28	56:40
188	ALEX MILNE	197	34	35 M 19-39		56:25	56:44
189	SUE VALENTINE	286	45	17 F 40-49		56:25	56:47
190	David Peters	225	72	2 M 70-99		56:43	56:57
191	Victoria Callaghan	50	25	23 F 19-39		56:48	57:02
192	Gemma Grover	137	33	24 F 19-39		56:58	57:03
193	Katey Lovett	176	31	25 F 19-39		56:58	57:03
194	Jacki Mant	183	35	26 F 19-39		56:58	57:03
195	MARION LUFF	177	57	18 F 50-59		56:52	57:09
196	HELENA BERGLUND	30	36	27 F 19-39		56:57	57:10
197	Alison Taylor	274	36	28 F 19-39		56:54	57:13
198	Paul Hailey	141	39	36 M 19-39		56:54	57:13
199	John Bearman	25	68	12 M 60-69		57:01	57:21
200	Nigel Samuel	353	54	28 M 50-59		57:01	57:23

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
201	Imogen Hosker	330	28	29 F 19-39		57:08	57:24
202	Susie Clitheroe	64	54	19 F 50-59		57:07	57:25
203	Katharine White	297	43	18 F 40-49		57:07	57:26
204	JEAN COCKERILL	70	49	19 F 40-49		57:17	57:27
205	ROB SAVAGE	247	50	29 M 50-59		57:07	57:29
206	DIDS BRANCHFLOWER	39	50	20 F 50-59		57:17	57:35
207	KATHLEEN TURNER	283	59	21 F 50-59		57:26	57:37
208	Rob Burnam	343	56	30 M 50-59		57:12	57:37
209	JIM WITHERS	306	34	37 M 19-39		57:32	57:38
210	LAVINA BENNETT	26	41	20 F 40-49		57:26	57:40
211	Richard Venn	287	50	31 M 50-59		57:21	57:44
212	Judith Cartledge	52	53	22 F 50-59		57:35	57:44
213	ROBERT TYSALL-BLAY	284	57	32 M 50-59		57:21	57:45
214	Stella Bowser	37	48	21 F 40-49		57:32	57:45
215	REBECCA SANDALLS	244	39	30 F 19-39		57:38	57:49
216	Mary Greening	133	49	22 F 40-49		57:45	57:51
217	Lynne Harrison	147	43	23 F 40-49		57:35	57:53
218	JENNIFER BONIFACE	35	37	31 F 19-39		57:38	57:57
219	VIVIENNE UNDERHILL	285	53	23 F 50-59		57:47	58:05
220	LYDIA FAIRHURST	101	20	32 F 19-39		58:04	58:13
221	JULIE CRESSWELL	78	54	24 F 50-59		57:58	58:16
222	FIONA CLIFTON	63	52	25 F 50-59		58:02	58:19
223	ANDREW GLYN-JONES	131	35	38 M 19-39		58:13	58:21
224	Harri Ball	15	15	6 M 0-18		58:16	58:32
225	Anna Ball	14	36	33 F 19-39		58:16	58:32
226	SIMON CLEMENT	62	34	39 M 19-39		58:16	58:32
227	David Wilkes	301	68	13 M 60-69		58:13	58:34
228	Mark Piper	228	50	33 M 50-59		58:24	58:45
229	Michelle Atkins	7	44	24 F 40-49		58:49	58:55
230	WENDY SMITH	258	47	25 F 40-49		59:00	59:09
231	Francis Watters	335	60	14 M 60-69		58:47	59:11
232	DEBBIE GUEST	138	37	34 F 19-39		59:00	59:20
233	JOHN SABOURIN	242	66	15 M 60-69		59:11	59:25
234	Steve Warren	362	51	34 M 50-59		59:29	59:32
235	Peter Jenkins	332	65	16 M 60-69		59:31	59:41
236	Rodger Ockenden	214	66	17 M 60-69		59:27	59:50
237	TRACEY PITHERS	229	49	26 F 40-49		59:56	1:00:03
238	Trudi Ryan	241	47	27 F 40-49		1:00:09	1:00:16
239	Wendy Wilson	304	46	28 F 40-49		1:00:08	1:00:22
240	IAIN COCHRAN	68	41	44 M 40-49		1:00:12	1:00:24
241	SARAH SHEPLEY	251	50	26 F 50-59		1:00:12	1:00:32
242	ROB GILBERT	129	50	35 M 50-59		1:00:36	1:00:41
243	LISA HOLMES	154	35	35 F 19-39		1:00:36	1:00:41
244	IAIN SUTCLIFFE	270	55	36 M 50-59		1:00:20	1:00:42
245	Caroline Bransden	40	61	3 F 60-69		1:00:34	1:00:46
246	Ian Butcher	352	37	40 M 19-39		1:00:39	1:00:48
247	Hannah Cartledge	51	21	36 F 19-39		1:00:42	1:00:52
248	Gary Frost	117	55	37 M 50-59		1:00:38	1:00:58
249	Valerie Frost	119	54	27 F 50-59		1:00:38	1:00:58
250	Diane Berry	31	56	28 F 50-59		1:00:47	1:01:03

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
251	Georgina Ammolla	4	36	37 F 19-39		1:01:01	1:01:06
252	Richard Barrow	20	55	38 M 50-59		1:00:51	1:01:10
253	ZOË WITHERS	307	33	38 F 19-39		1:01:09	1:01:15
254	Darren Cooper	73	33	41 M 19-39		1:01:02	1:01:20
255	Shelly Cooper	74	37	39 F 19-39		1:01:03	1:01:21
256	Heidi Jones	165	42	29 F 40-49		1:01:45	1:01:52
257	ROSEMARY LEWORTHY	172	59	29 F 50-59		1:01:48	1:01:54
258	Oliver Rowlands	342	51	39 M 50-59		1:01:36	1:02:01
259	Mike Gutteridge	140	57	40 M 50-59		1:01:49	1:02:04
260	SARAH HOBBS	153	28	40 F 19-39		1:02:04	1:02:11
261	SERENA GREGORY	134	45	30 F 40-49		1:01:58	1:02:13
262	BRIAN TRATT	280	57	41 M 50-59		1:02:03	1:02:14
263	Liz Oliver	334	42	31 F 40-49		1:02:02	1:02:16
264	DEBBIE WARE	293	50	30 F 50-59		1:02:10	1:02:24
265	KAREN CREWE	79	57	31 F 50-59		1:02:19	1:02:32
266	Jill Bearman	24	64	4 F 60-69		1:02:21	1:02:33
267	LEE SMITH	256	50	42 M 50-59		1:02:32	1:02:44
268	CRAIG GROBETY	136	32	42 M 19-39		1:02:33	1:02:44
269	NIKKI THOMAS	276	39	41 F 19-39		1:03:12	1:03:20
270	KJELL BERGLUND	29	69	18 M 60-69		1:03:24	1:03:36
271	Carole Dyke	94	71	2 F 70-99		1:03:42	1:04:02
272	David King	167	55	43 M 50-59		1:03:40	1:04:03
273	SHEILA STUART	268	63	5 F 60-69		1:03:58	1:04:18
274	ALEX RUXTON	239	43	32 F 40-49		1:04:08	1:04:25
275	John Nicel	210	67	19 M 60-69		1:04:01	1:04:25
276	Tiffany Hicks	150	51	32 F 50-59		1:04:09	1:04:26
277	CRAIG MACKAY	180	68	20 M 60-69		1:04:08	1:04:28
278	NICKY WILSON	302	51	33 F 50-59		1:04:19	1:04:30
279	SONIA FITTON	107	53	34 F 50-59		1:04:09	1:04:30
280	STEPHANIE CHARMAN	58	35	42 F 19-39		1:05:12	1:05:22
281	Fiona Lear	171	58	35 F 50-59		1:05:21	1:05:31
282	Alistair Jackson	160	71	3 M 70-99		1:05:11	1:05:35
283	Jake Ryan	240	43	45 M 40-49		1:05:36	1:05:44
284	Helen Cobb	66	45	33 F 40-49		1:05:36	1:05:44
285	JENNY CASS	54	37	43 F 19-39		1:05:52	1:06:11
286	Alyson Limpkin-Challis	358	49	34 F 40-49		1:05:51	1:06:12
287	Karen Dumbrell	347	47	35 F 40-49		1:05:52	1:06:14
288	Karen Spencer	260	55	36 F 50-59		1:06:12	1:06:33
289	Clare Burkett	47	45	36 F 40-49		1:06:28	1:06:43
290	Rita Cotter	324	56	37 F 50-59		1:06:38	1:06:47
291	Ian Dyke	95	74	4 M 70-99		1:06:42	1:07:02
292	NIKKI HOLMES	155	54	38 F 50-59		1:07:11	1:07:21
293	Anna Tapponnier	271	44	37 F 40-49		1:07:17	1:07:33
294	CLAIRE MILLER	196	51	39 F 50-59		1:07:39	1:07:47
295	Emma Sherlock	319	36	44 F 19-39		1:07:39	1:07:47
296	Edna Clark	61	56	40 F 50-59		1:08:41	1:08:51
297	Lisa Bloon	344	40	38 F 40-49		1:09:57	1:10:02
298	Martyn Greaves	320	58	44 M 50-59		1:10:18	1:10:41
299	Steven Fettner	103	55	45 M 50-59		1:10:39	1:11:03
300	Sharon Barber	16	56	41 F 50-59		1:11:12	1:11:38

Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
301	CELIA HANSELL	142	17	3 F 0-18		1:11:40	1:11:44
302	Maureen Flint	109	64	6 F 60-69		1:11:52	1:12:08
303	Tony Flint	110	70	5 M 70-99		1:11:53	1:12:09
304	Chris Bridgwater	338	72	6 M 70-99		1:13:34	1:13:56
305	Ken Lawton	169	72	7 M 70-99		1:19:23	1:19:48
306	Cynthia Dee	84	69	7 F 60-69		1:33:21	1:33:46

Team  
Chichester Runners

HORSHAM BLUE STAR HARRIERS  
BURGESS HILL RUNNERS  
Horsham Tri Club  
Horsham Joggers

LISS RUNNERS  
WORTHING AND DISTRICT HARRIERS  
LINGFIELD RC

Saints and Sinners  
Horsham Joggers  
LINGFIELD RC  
WORTHING AND DISTRICT HARRIERS  
Haywards Heath Harriers

Horsham Joggers  
A Runners  
Horsham Joggers  
Horsham Joggers  
Arena 80

Arena 80  
Chichester Runners  
Horsham Joggers  
Arena 80  
Arena 80

Horsham Joggers

MID SUSSEX TRI CLUB

Haywards Heath Harriers  
Arena 80

Mel's Milers  
Arena 80  
BRIGHTON PHOENIX

ORPINGTON ROAD RUNNERS

BELGRAVE HARRIERS



Team

Saints and Sinners

Arena 80

Horsham Joggers

Horsham Joggers

OXTED RUNNERS

BURGESS HILL RUNNERS

Hove Hornets

Arena 80

Arena 80

Horsham Joggers

Worthing Striders

LINGFIELD RC

LINGFIELD RC

Saints and Sinners

Saints and Sinners

Team

Foxy Ladies

COMETS RRC

Horsham Joggers

Waverley Harriers

Horsham Joggers

Foxy Ladies

Horsham Joggers

Horsham Joggers

OXTED RUNNERS

Lancing Eagles

WIMBLEDON WINDMILERS

Foxy Ladies

Saints and Sinners

WINDLE VALLEY RUNNERS

WIMBLEDON WINDMILERS

Horsham Joggers

LINGFIELD RC

Horsham Joggers

Team  
LINGFIELD RC

OXTED RUNNERS  
Saints and Sinners

Haywards Heath Harriers

Waverley Harriers

OXTED RUNNERS  
Horsham Joggers  
Horsham Joggers

Bognor Regis Tone Zone Runners  
LINGFIELD RC

Mel's Milers

Fittleworth flyers  
BRIGHTON AND HOVE WOMEN'S RUNNING CLUB  
Horsham Joggers

BURGESS HILL RUNNERS

Horsham Joggers  
Veterans AC

Foxy Ladies  
Foxy Ladies  
Foxy Ladies  
Horsham Joggers  
WESTBURY HARRIERS

Fittleworth flyers

Team

Horsham Amphibians

Fittleworth flyers

Fittleworth flyers

LINGFIELD RC

The Run Squad

Foxy Ladies

Haslemere Border Athletics Club

Horsham Joggers

Horsham Joggers

Horsham Joggers

Foxy Ladies

Foxy Ladies

LINGFIELD RC

LINGFIELD RC

Foxy Ladies

LINGFIELD RC

WIMBLEDON WINDMILERS

Arena 80

Foxy Ladies

OXTED RUNNERS

Horsham Joggers

LINGFIELD RC

Horsham Joggers

Team  
Foxy Ladies  
Horsham Joggers

Foxy Ladies  
Foxy Ladies  
Foxy Ladies  
Haywards Heath Harriers

WIMBLEDON WINDMILERS  
Fittleworth flyers

BURGESS HILL RUNNERS  
Fittleworth flyers

Fittleworth flyers  
Fittleworth flyers  
Fittleworth flyers

Horsham Joggers  
Horsham Joggers  
Veterans AC  
Foxy Ladies  
Foxy Ladies  
PORTSLADE HEDGEHOPPERS

Fittleworth flyers

Seaford Striders  
Horsham Joggers

Horsham Joggers

Team

A Runners

A Runners

Henfield Joggers